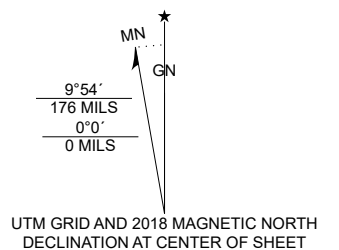


KTNPBlog Shenandoah: Stony Man Trail (3.4 miles)

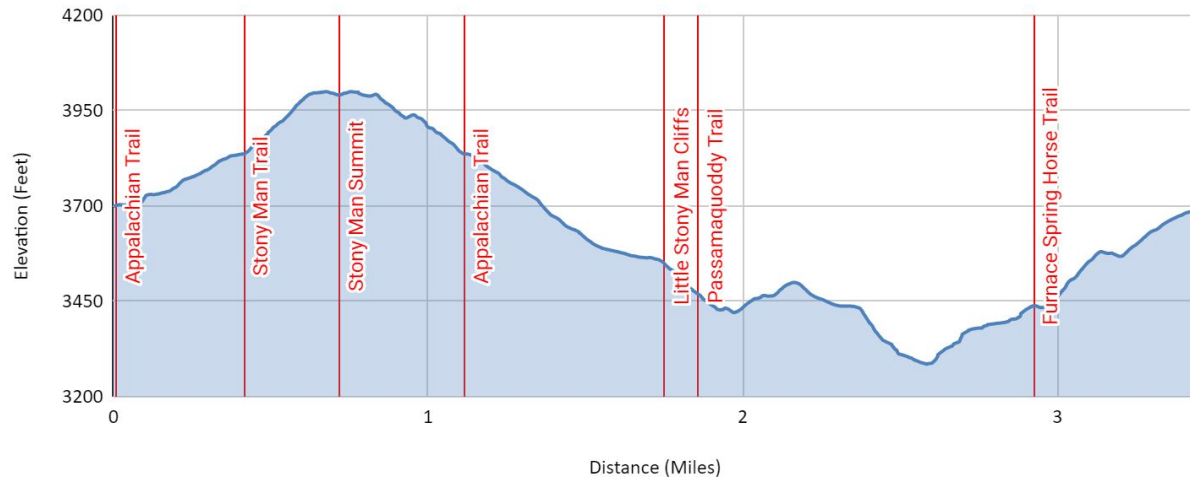
GCS WGS 1984 Scale 1:12,000 Contour Interval 20 feet



Initial styling and data of this Map Document was provided by the US Geological Survey and National Park Service. The edited content in this document are neither done by nor endorsed by the USGS or NPS. Obtain permission before entering private lands. The map maker is not responsible for any issues, use this map at your own risk. **Map Last Updated: Jan 2020**

Stony Man Loop Trail (3.4 miles)

Calculated from 1/3 arc seconds DEM



Type: Out and Back Dayhike

Total Distance: 3.4 miles (5.5 km) round trip

Cumulative Elevation Gain/Loss: 849 feet (259 m)

Time: 2.5 hours, including photo breaks

Trail Markings: Colored blazes and signs at intersections

Difficulty: Easy

Crowds: Minimal, mostly at Stony Many Summit

Water: Furnace Spring

Trailhead Coordinates: 38.5930696, -78.3758508

Trail Directions

- **Mile 0.0** - From the parking lot, head east to the white-blazed Appalachian Trail. There will be a trailhead sign and box with interpretive trail guides.
- **Mile 0.4** - At the four-way intersection, continue straight onto blue-blazed Stony Man Trail.
- **Mile 0.5** - Stony Man Trail forks here into a loop. You can go either way, but these directions assume clockwise. If you're following the interpretive guide, go counter-clockwise.
- **Mile 0.7** - Going clockwise (left), you've reached the intersection with Stony Man Summit Trail. Head left 300 feet for the overlook, then walk back and continue on the loop.
- **Mile 1.0** - Back at the start of the loop. Turn left to go back toward the AT.
- **Mile 1.1** - Back at the four-way intersection, turn left on the north-bound AT.
- **Mile 1.1** - Back at the four-way intersection, turn left on the north-bound AT.
- **Mile 1.1** - Back at the four-way intersection, turn left on the north-bound AT.
- **Mile 1.8** - Pass Little Stony Man Cliffs.
- **Mile 1.9** - Turn left onto Passamaquoddy Trail at the intersection.
- **Mile 2.9** - At the end of Passamaquoddy Trail, you'll pass Furnace Spring on your left, just before the next intersection. At the intersection, take a left onto yellow-blazed Furnace Spring Horse Trail. You'll pass Furnace Spring again on your left.
- **Mile 3.4** - At the intersection with Stony Man Horse Trail, take a left. After 100 feet, you'll see the parking lot on your right.